



# ***Research and professional practice***

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# ***My research***

- Why?
- What?
- How?

# ***Career development with a chronic illness***

- Title: change, challenge and injustice
- Semi-structured interviews with five participants
- Themes identified: identity, autonomy and carrying the burden
- Clear implications for practice
- Clear implications for the sector
- More research required!



A close-up photograph of a hand gently touching a stalk of wheat in a field. The wheat is green and appears to be in the early stages of ripening. The background is a soft-focus field of similar wheat stalks, creating a sense of depth and immersion in the agricultural setting. The lighting is natural, suggesting a bright day.

# ***Research and me***

- Changes to practice
- New career aims
- Skills development
- Confidence
- New research focus
- Enthusiasm (obsession!)
- New opportunities
- Lifted my sightline (new horizons)



***Now over to  
you...***

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