



Understanding Autism for Careers Professionals

Wednesday 23 January 2019 - London

Thursday 7 February - Birmingham

Tuesday 26 March - Newcastle

Tuesday 7 May - Exeter

Tuesday 18 June - Manchester

Monday 9 September - London

Overview

This workshop is designed to support career development and employability practitioners to develop their understanding of autism, therefore building confidence to provide appropriate support to clients – young people and adults - who identify with this diagnosis.

During the day we will explore:

- What is autism and the differences in key areas that individuals with a diagnosis may experience
- The current rates of access to further and higher education and entry into employment for those with an autism diagnosis
- Ideas for adapting careers advice and guidance practice to meet the needs of a client with autism – your Autism Toolkit
- Further reading and resources

The day will be practical and interactive with lots of opportunity for discussion.

Target audience

Career advisers and coaches; career leaders and career coordinators; employability advisers and coaches, working with young people, students and adults who identify with a diagnosis of autism or who are undertaking assessment as such.

Learning Outcomes

By the end of the day delegates will be able to:

- Demonstrate an understanding of the individuality of autism
- Demonstrate confidence in how to make initial adaptations to Information, Advice and Guidance principles to meet the needs of the individual client
- Demonstrate confidence with further resources to increase knowledge base where appropriate
- Identify and know where/how to access useful online, video and printed resources.

Programme

(The timings may be slightly adjusted to tailor the day to delegate's needs)

9.30	<i>Registration, tea and coffee</i>
9.45	Welcome and introductions <i>Overview of the day</i>
10.00	The current situation – Autism & Employment, Autism & Mental Health. <i>Exploring current statistics/data, issues and their impact on clients with autism</i>
10.30	What is Autism? <i>Understanding the 4 key areas of difference that characterise autism, autism as a spectrum and individualised presentations</i>
11.15	Break
11.30	What is Autism? Continued
12.30	<i>Lunch and networking</i>
1.15	Other Cognitive Styles associated with Autism <i>Introducing Theory of Mind and False Belief, Executive Functioning, Central Coherence</i>
2.15	Break
2.30	Developing an Autism Toolkit <i>Focusing on autism and individuality, supporting delegates to explore ideas of adapting Information, Advice & Guidance principles to meet the needs of clients accessing careers and employment related services. Initial resources, both local and national. Summary of useful indicators, ideas and tips.</i>
3.30	Summary, Evaluation and close

Trainer biographies

Sam Morris, *Specialist Autism Trainer*, is an autism practitioner with 18 years' experience within the education sector, from early years through to colleges, in both mainstream and specialist settings. Sam joined Ambitious about Autism in April 2018 to deliver training to a range of audiences including employers, Sam specialises in creating bespoke training sessions for audiences keen to develop their understanding of autism. . She also delivers Autism Education Trust (AET) training programmes for upskilling mainstream and specialist settings to better support children and young people with autism to access education.

Sam has significant experience with Education, Health and Care (EHC) plans and how they can be utilised most effectively in supporting autism education.

Emily Bawtree, *Head of Training, Development and Consultancy*, has over 12 years' experience working in autism and has significant expertise in understanding autism across a range of ages and settings. She is responsible for the creation and delivery of our training programmes and heads our Autism Education Trust training hubs.

She also leads the training delivered as part of Ambitious about Autism's Autism Exchange programme, guiding and supporting our corporate partners and high profile clients through understanding how autism impacts on individuals in the workplace.

Emily is an experienced trainer in her own right: she has designed and delivered accredited programmes to a range of audiences in education law, autism awareness, communication skills and handling difficult situations. Emily has previously delivered consultancy to a range of different clients in how to develop strategies to communicate better with people on the autism spectrum.

Booking information

The practical nature of the training means that course sizes are restricted to a maximum of 20 delegates.

Prices include all refreshments and a light working lunch.

Price for CDI members - £145 + VAT; non-members £195 + VAT.

CDI student members – 2 places per course £60 + VAT.

Please note that all fees are payable on booking to secure your place - <http://www.thecdi.net/Skills-Training-Events>