

At the Cutting Edge

**Thriving not just surviving –
fulfilment across the whole
lifespan based on latest
research and insights**

October 2026

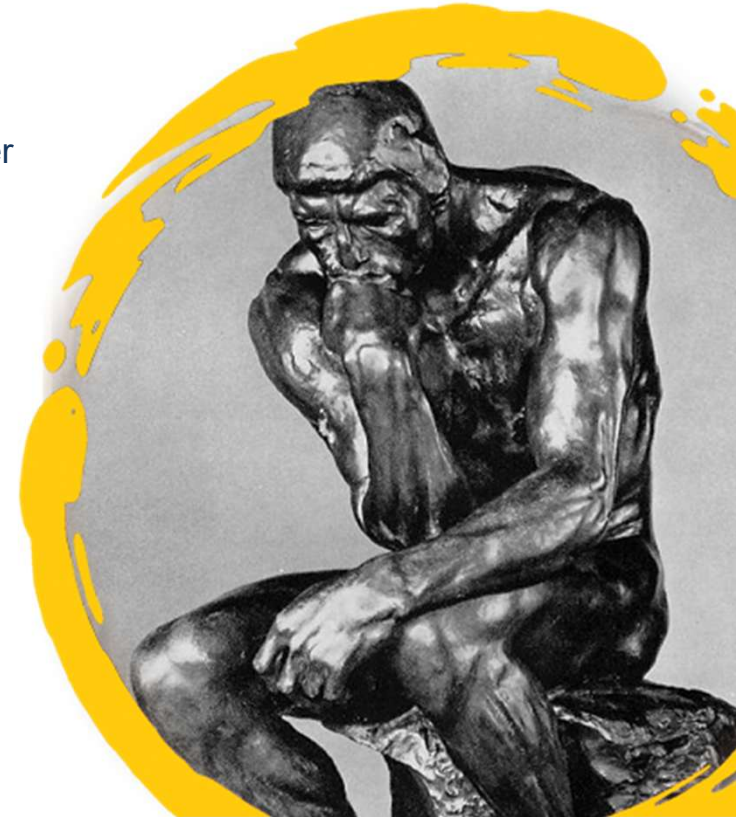


At the Cutting Edge - Research into Practice

NICEC

- Founded in 1975
- NICEC is a learned society for reflective practitioners in career education, career guidance/counselling, and career development.
- Not a professional body, run by the Fellows
- Join as a Member
- Regular events & Bill Law Award
- NICEC Journal
- Partnership with the CDI
- NICEC International conference

<https://www.nicec.org/>



At the Cutting Edge - Research into Practice

Thriving not just surviving – fulfilment across the whole lifespan based on latest research and insights

Agenda

2.00pm Welcome and Introductions– Gilly Freedman & Kate Mansfield and Dr. Cathy Brown

2.10pm CDI Welcome – Sue Alder, Head of Professional Development & Standards

2.15pm Work Fulfilment; how we can thrive not just survive– Laura Walker

Break Out Room Discussion & Plenary Discussion

3.00pm Break

3.05pm **Thrivespan for later life** – Dr Denise Taylor

Break Out Room Discussion & Plenary Discussion

4pm Bringing to A Close – Kate Mansfield and Gilly Freedman

Breakout Room 1

Questions

- 1. Have you experienced
fulfilling work?**
 - 2. Do the PEACeFuL themes
resonate with your
experience?**
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Breakout Room 2

Questions

- 1.If work no longer has to be the central organising structure of a life,
what might thriving look like then?**
 - 2. Initial ideas for adapting our practice?**
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Forthcoming activities and events

NICEC Seminars:

Exploring career theory

18th November 2026: 5pm

Spring 2027 At the Cutting Edge:

Later life working

17th March 2027: 2pm-4pm

Click QR to reserve your place:

