The Reflective Practitioner

A one-day interactive workshop event combining theoretical background knowledge and practical application skills

Tuesday 25 June, Cheltenham
Tuesday 10 September, Leeds

Overview
This activity and discussion based workshop is an introduction to ‘Reflective Practice’, which is a key element of continuous professional development.

The workshop will form a basis to help participants in delivery and/or coordination functions to develop the strategies and skills of the Reflective Practitioner.

The day is designed to help individuals think, write and deliver the range of information, advice and guidance provision in a more Reflective Style.

For those individuals working towards accredited qualifications in CIAG, the workshop will also provide valuable underpinning skills and knowledge. ‘Reflect on and improve professional practice’ is one of the three units required to upgrade from Level 4 to Level 6.

Target Audience
- Newly Qualified & Experienced Career Practitioners
- Adult Guidance Advisers
- Teachers and Careers Coordinators
- Careers Advisers undertaking a Level 6 qualification or topping up from Level 4
- Leaders and Managers

Objectives
To enable you to:

- Define the concept, skills and components of ‘Reflective Practice’
- Undertake self awareness exercises that help facilitate Reflective Practice
- Differentiate between Reflective processes and levels of Reflection
- Consider how Reflective Practice can be an effective strategy for learning
- Compare and practice ‘Reflective’ writing approaches
- Evaluate ‘Reflective frameworks and models’

Reflective Models to be evaluated:

- The ERA cycle of Reflective Practice
- Kolb’s Experiential Learning Cycle
- Boud et al – ‘7 levels of Reflection’
- Bolton ‘Reflective Practice: Writing and Professional Development’
The Programme:

9.30  Registration / coffee

10.00 Introduction to the event

10.10 Session One: What is meant by Reflective Practice?
The Reflective Cycle - Introduction
Why and how do we reflect?

10.40 Session Two: Personal Learning Styles exercise
The Skills of Reflection

11.10 Break

11.30 Session Three: Reflective Processes – a ‘6 stage’ approach
Reflective Writing Exercise
Reflecting with Others

12.15 Session Four: The ‘7 levels’ of Reflection

12.45 Lunch

13.30 Session Five: Reflective Models – Overview
Research Activity

15.00 Break

15.30 Session Six: Reflective Models - Feedback Session

16.15 Summary and Evaluation
What worked today and how will we apply?

16.30 Finish

Booking information
Please book through the website: http://www.icg-uk.org/Skills-Training-Events

Price: £135 + VAT Members £185 + VAT Non-Members
Students £60 + VAT (3 places only)
Course Leader:

**David Richardson** of Richardson Associates (UK) Limited

A professionally qualified teacher, trainer, tutor, assessor, internal verifier, psychometrician, career and professional development coach.

David has over 20 years experience working within the 'career guidance and development' sector. Specialisms include design, delivery, development and evaluation of accredited and non-accredited learning and development programmes working to national standards and organisational bespoke demands.

He has gained leadership and management experience gained through theoretical and ‘hands on’ business development of his own training consultancy currently leading a team of associates working to demanding quality standards.

David has extensive experience of working nationally across the public, private and third sectors with a recognised and recommended capability of working with challenging groups and individuals to ensure objectives and learning outcomes are achieved